

Team Training Schedule - Spring 2010

March 8th - 14th

4:00-5:30	3/8/2010 Monday	3/9/2010 Tuesday	3/10/2010 Wednesday	3/11/2010 Thursday	3/12/2010 Friday	3/13/2010 Saturday	3/14/2010 Sunday
Dave S.	U13 Girls Gold	U16 Boys Gold	U13 Girls Gold	U13 Girls Gold		League Play	
Tony M.	U17 Boys Gold	U11 Girls gold	U17 Boys Gold	U17 Boys Gold			
Luis Jr	U13/12 Boys Gold	U14 Boys Gold	U13/12 Boys Gold	U13/12 Boys Gold			
David Mkelfresh							
Luis Sr.							
Tim Barerra							

5:30-7:00	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dave S.						League Play	
Tony M.							
Luis Jr							
David Mkelfresh							
Luis Sr.							
Tim Barerra							

Team Training - FCSC Complex

March 15th - 21st

4:00-5:30	3/15/2010 Monday	3/16/2010 Tuesday	3/17/2010 Wednesday	3/18/2010 Thursday	3/19/2010 Friday	3/20/2010 Saturday	3/21/2010 Sunday
Dave S.		U15 Boys Royal	U18 Boys Gold			League Play	
Tony M.		U12 Girls blue	U12 Girls Gold				
Luis Jr	U12 Boys Gold	U11 Boys Royal	U12 Boys Gold	U12 Boys Gold			
David Mkelfresh			U11 Girls Blue				
Luis Sr.			U14 Girls Royal	U13 Boys Blue			
Tim Barerra		U17 Boys Royal	U14 Boys Royal				

5:30-7:00	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dave S.	U13 Girls Gold	U15 Boys gold	U13 Girls Gold	U13 Girls Gold		League Play	
Tony M.	U17 Boys Gold	U12 Girls White	U17 Boys Gold	U17 Boys Gold			
Luis Jr	U13 Boys Gold	U12 Boys Royal	U11 Boys Gold	U13 Boys Gold			
David Mkelfresh			U11 Boys Blue				
Luis Sr.			U13 Boys Gold	U13 Boys Gold			
Tim Barerra		U13 Boys Royal	U11 Girls Royal		U12 Girls Royal		

Team Training - FCSC Complex

March 22nd - 28th

4:00-5:30	3/22/2010 Monday	3/23/2010 Tuesday	3/24/2010 Wednesday	3/25/2010 Thursday	3/26/2010 Friday	3/27/2010 Saturday	3/28/2010 Sunday		
Dave S.		U16 Boys Royal	U14 Boys Royal	U17 Boys Royal		State	State		
Tony M.		U11 Girls gold	U11 Girls Royal	U14 Girls Blue					
Luis Jr	U12 Boys Gold	U12 Boys Blue	U12 Boys Gold	U12 Boys Gold					
David Mkelfresh			U11 Girls White						
Luis Sr.			U12 Boys Royal	U13 Boys Royal				Cup	Cup
Tim Barerra								Pool	Pool
								Play	Play

5:30-7:00	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
Dave S.	U13 Girls Gold	U16 Boys Gold	U13 Girls Gold	U13 Girls Gold		State	State		
Tony M.	U17 Boys Gold	U13 Girls Blue	U17 Boys Gold	U17 Boys Gold					
Luis Jr	U13 Boys Gold	U12 Boys white	U14 Boys Gold	U13 Boys Gold					
David Mkelfresh			U11 Boys White						
Luis Sr.			U13 Boys Gold	U13 Boys Gold				Cup	Cup
Tim Barerra			U13 Girls White					Pool	Pool
								Play	Play

Team Training - FCSC Complex

March 29th - April 4th

4:00-5:30	3/29/2010 Monday	3/30/2010 Tuesday	3/31/2010 Wednesday	4/1/2010 Thursday	4/2/2010 Friday	4/3/2010 Saturday	4/4/2010 Sunday
Dave S.		U15 Boys Royal		U18 Boys Gold		League Play	
Tony M.		U12 Girls Blue	U12 Girls Gold	U14 Boys Blue			
Luis Jr	U12 Boys Gold	U11 Boys Royal	U12 Boys Gold	U12 Boys Gold			
David Mkelfresh			U11 Girls Black				
Luis Sr.			U14 Girls Royal	U13 Boys Blue			
Tim Barerra							

5:30-7:00	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dave S.	U13 Girls Gold	U15 Boys Gold	U13 Girls Gold	U13 Girls Gold	U13 Girls Royal	League Play	
Tony M.	U17 Boys Gold	U12 Girls White	U17 Boys Gold	U17 Boys Gold			
Luis Jr		U12 Boys Black	U11 Boys Gold				
David Mkelfresh			U11 Boys Black				
Luis Sr.			U13 Boys gold	U13 Boys Gold			
Tim Barerra			U12 Boys Red		U12 Girls Royal		

Team Training - FCSC Complex

April 5th - 11th

4:00-5:30	4/5/2010 Monday	4/6/2010 Tuesday	4/7/2010 Wednesday	4/8/2010 Thursday	4/9/2010 Friday	4/10/2010 Saturday	4/11/2010 Sunday
Dave S.		U16 Boys Royal	U14 Boys Royal	U17 Boys Royal		League Play	State Cup Pool Play
Tony M.		U11 Girls Gold	U11 Girls Royal	U14 Girls Blue			
Luis Jr	U12 Boys Gold	U12 Boys Blue	U12 Boys Gold	U12 Boys Gold			
David Mkelfresh			U11 Girls Blue				
Luis Sr.			U12 Boys Royal	U13 Boys Royal			
Tim Barerra							

5:30-7:00	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dave S.	U13 Girls Gold	U16 Boys Gold	U13 Girls Gold	U13 Girls Gold		League Play	State Cup Pool Play
Tony M.	U17 Boys Gold	U13 Girls Blue	U17 Boys Gold	U17 Boys Gold			
Luis Jr	U13 Boys Gold	U12 Boys White	U14 Boys Gold	U13 Boys Gold			
David Mkelfresh			U11 Boys Blue				
Luis Sr.			U13 boys Gold	U13 boys Gold			
Tim Barerra			U13 Girls White				

Team Training - FCSC Complex

April 12th - 18th

4:00-5:30	4/12/2010 Monday	4/13/2010 Tuesday	4/14/2010 Wednesday	4/15/2010 Thursday	4/16/2010 Friday	4/17/2010 Saturday	4/18/2010 Sunday
Dave S.		U15 Boys Royal		U18 Boys Gold		League Play	State Cup Pool Play
Tony M.		U12 Girls Blue	U12 Girls Gold	U14 Boys Blue			
Luis Jr	U12 Boys Gold	U11 boys royal	U12 Boys Gold	U12 Boys Gold			
David Mkelfresh			U11 Girls White				
Luis Sr.			U14 Girls Royal	U13 Boys Blue			
Tim Barerra							

5:30-7:00	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dave S.	U13 Girls Gold	U15 boys gold	U13 Girls Gold	U13 Girls Gold	U13 Girls Royal	League Play	State Cup Pool Play
Tony M.	U17 Boys Gold	U12 Girls White	U17 Boys Gold	U17 Boys Gold			
Luis Jr		U12 Boys Black	U11 Boys Gold				
David Mkelfresh			U11 Boys White				
Luis Sr.			U13 boys Gold	U13 boys Gold			
Tim Barerra			U12 Boys Red		U12 Girls Royal		

Team Training - FCSC Complex

April 19th - 25th

4:00-5:30	4/19/2010 Monday	4/20/2010 Tuesday	4/21/2010 Wednesday	4/22/2010 Thursday	4/23/2010 Friday	4/24/2010 Saturday	4/25/2010 Sunday
Dave S.		U16 Boys Royal	U14 Boys Royal	U17 Boys Royal		League Play	State Cup Pool Play
Tony M.		U11 Girls Gold	U11 Girls Royal	U14 Girls Blue			
Luis Jr	U12 Boys Gold	U12 Boys Blue	U12 Boys Gold	U12 Boys Gold			
David Mkelfresh			U11 Girls Black				
Luis Sr.			U12 Boys Royal	U13 Boys Royal			
Tim Barerra							

5:30-7:00	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dave S.	U13 Girls Gold	U16 Boys Gold	U13 Girls Gold	U13 Girls Gold		League Play	State Cup Pool Play
Tony M.	U17 Boys Gold	U13 Girls Blue	U17 Boys Gold	U17 Boys Gold			
Luis Jr		U12 Boys White	U14 Boys Gold				
David Mkelfresh			U11 Boys Black				
Luis Sr.			U13 boys Gold	U13 boys Gold			
Tim Barerra			U13 Girls white				

Team Training - FCSC Complex

April 26th - May 2nd

4:00-5:30	4/26/2010 Monday	4/27/2010 Tuesday	4/28/2010 Wednesday	4/29/2010 Thursday	4/30/2010 Friday	5/1/2010 Saturday	5/2/2010 Sunday
Dave S.		U15 Boys Royal		U18 Boys Gold		League Play	State Cup Quarterfinals
Tony M.			U12 Girls Gold	U14 Boys Blue			
Luis Jr	U12 Boys Gold	U11 Boys Royal	U12 Boys Gold	U12 Boys Gold			
David Mkelfresh			U11 Girls Blue				
Luis Sr.			U14 Girls Royal				
Tim Barerra							

5:30-7:00	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dave S.	U13 Girls Gold	U15 Boys Gold	U13 Girls Gold	U13 Girls Gold	U13 Girls Royal	League Play	State Cup Quarterfinals
Tony M.	U17 Boys Gold		U17 Boys Gold	U17 Boys Gold			
Luis Jr		U12 Boys Black	U11 Boys Gold				
David Mkelfresh			U11 Boys Blue				
Luis Sr.			U13 boys Gold	U13 boys Gold			
Tim Barerra			U12 Boys Red		U12 Girls Royal		

Team Training - FCSC Complex

May 3rd - 9th

4:00-5:30	5/3/2010 Monday	5/4/2010 Tuesday	5/5/2010 Wednesday	5/6/2010 Thursday	5/7/2010 Friday	5/8/2010 Saturday	5/9/2010 Sunday
Dave S.		U16 Boys Royal	U14 Boys Royal	U17 Boys Royal		League Play	State Cup Semifinals
Tony M.		U11 Girls Gold	U11 Girls Royal				
Luis Jr	U12 Boys Gold		U12 Boys Gold	U12 Boys Gold			
David Mkelfresh			U11 Girls White				
Luis Sr.			U12 Boys Royal	U13 Boys Royal			
Tim Barerra							

5:30-7:00	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dave S.	U13 Girls Gold	U16 Boys Gold	U13 Girls Gold	U13 Girls Royal/Gold		League Play	State Cup Semifinals
Tony M.	U17 Boys Gold		U17 Boys Gold	U17 Boys Gold			
Luis Jr			U14 Boys Gold				
David Mkelfresh			U11 Boys White				
Luis Sr.			U13 boys Gold	U13 boys Gold			
Tim Barerra							

Team Training - FCSC Complex

May 10th - 16th

	5/10/2010	5/11/2010	5/12/2010	5/13/2010	5/14/2010	5/15/2010	5/16/2010
4:00-5:30	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dave S.		U15 Boys Royal	U14 Boys Royal	U18 Boys Gold		League Play	State Cup Finals
Tony M.			U12 Girls Gold				
Luis Jr	U12 Boys Gold	U11 Boys Royal	U12 Boys Gold	U12 Boys Gold			
David Mkelfresh			U11 Girls Black				
Luis Sr.			U14 Girls Royal	U13 Boys Royal			
Tim Barerra			U11 Girls Royal				

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Dave S.	U13 Girls Gold	U15 Boys Gold	U13 Girls Gold	U13 Girls Gold	U13 Girls Royal	League Play	State Cup Finals
Tony M.	U17 Boys Gold		U17 Boys Gold	U17 Boys Gold			
Luis Jr			U11 Boys Gold				
David Mkelfresh			U11 Boys Black				
Luis Sr.			U13 boys Gold	U13 boys Gold			
Tim Barerra		U16 Boys Royal			U12 Girls Royal		

Team Training - FCSC Complex